

# Do You Have a Scarcity or Prosperity Mindset

## Beliefs

I am not enough.  
I don't deserve.  
I am not worthy.

## Thoughts

This might work for some people, but not me.  
They might take advantage of me.  
That competitor is going to steal my business.

## Scarcity Mindset

## Emotions

Fear  
Jealousy  
Insecurity

## Actions

Hoarding  
Risk avoidance  
Lack of follow through

## Beliefs

I am enough.  
I deserve to be successful.  
I am worthy.

## Thoughts

There's enough for everyone.  
This will work for me if I give it my best.  
There are always new opportunities.

## Prosperity Mindset

## Emotions

Joy  
Love  
Enthusiasm

## Actions

Follow through on plans.  
Tries new things without guarantees.  
Collaborates/helps others be successful.